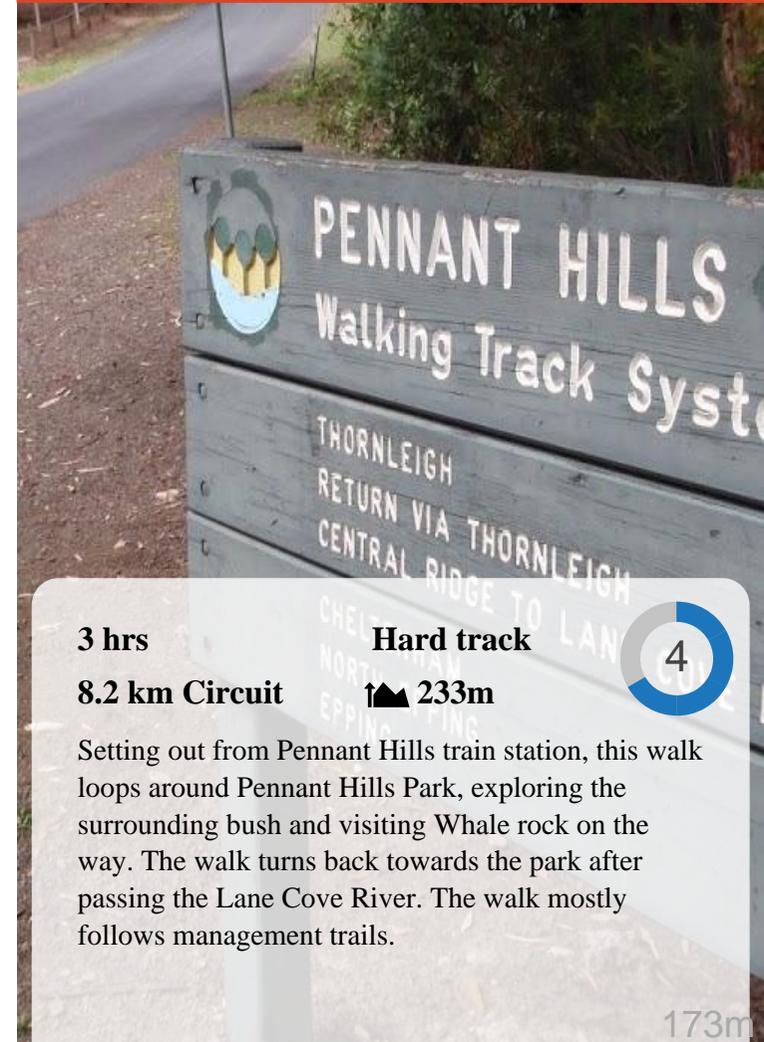


Pennant Hills Park loop (via Lane Cove River)



3 hrs

Hard track

8.2 km Circuit

233m

4

Setting out from Pennant Hills train station, this walk loops around Pennant Hills Park, exploring the surrounding bush and visiting Whale rock on the way. The walk turns back towards the park after passing the Lane Cove River. The walk mostly follows management trails.

173m

39m

Lane Cove National Park

Are you ready to have fun?

Please ensure you and your group are well prepared and equipped for all possible hazards and delays. Check park closures, weather information and Fire Danger Rating before setting out. Optional side trips and alternate routes noted are not included in this walk overall grade, length or time estimate. Please allow extra time for resting and exploring areas of interest. The authors, staff and owners of wildwalks take care in preparing this information but will not accept responsibility for any inconvenience, loss or injury you may experience. Please take care, have fun - Happy Walking. **Getting there** You can get to Pennant Hills station (gps: -33.738, 151.0729) by car, train or bus. Car: There is free parking available. This is a circuit, so you will finish back at the start. Find up to date and more information including; travel directions, weather, park closures and walker feedback at <http://wild.tl/phpllcr>

0 | Pennant Hills station

(1.6 km 27 mins) From the platform the track heads out onto Railway street, turns right and continues up towards Pennant Hills road. Before it reaches the main road, the track heads up a short set of steps and up the ramp to the overpass, where it crosses the main road and continues down the other side to the bottom. Turning right at the main road, the track follows the footpath along the main road east for a short distance to the intersection of the Cresant. From the intersection the track follows the Cresant down the hill and along to the end of the road turning left and then immediately right onto Charlotte road which joins onto Britannia street and to the intersection of the Pennant Hills Park entry at the round about.

Continue straight: From the 'Pennant Hills Park' entry sign (beside the Britannia St roundabout, near the car park), this walk leads gently downhill along the narrow concrete footpath, keeping the road to your right (and ignoring the short path on your right). After 10m this walk comes to a log seat (on your right), and 'Wildlife Protection Area', 'Mambara Track' and 'Mambara Access Track' signs (on your left). This walk continues for 40m along the path around the sharp left bend then continues for another 20m to come to a 3-way intersection, marked with an arrow post (on your left).

Turn right: From the intersection, this walk follows the arrow post gently downhill along the concrete path, keeping the road (a short distance) to your right. After 5m this walk passes 'The Ultimate Jigsaw' sign (on your left) then continues gently uphill for about 140m over a series of rough concrete sections to come to a 3-way intersection with a dirt track (on the right).

Continue straight: From the intersection, this walk follows the concrete path gently up over a rise (keeping the road to your right). After about 15m this walk leads gently downhill and soon bends left. This walk continues along the path for about 70m past a 'Bush Recycling' sign (on the left) to come to a 4-way intersection (with two dirt tracks on the right).

Continue straight: From the intersection, this walk heads distinctly but gently downhill along the concrete path as the track bends left. This walk then gently meanders downhill for about 20m through the open forest, passing a potential trip hazard on the path. This walk then continues for about 35m along the path which soon bends right, then comes to a sharp left hand bend. Half way through the bend there is a 3-way intersection with a dirt track (on the right).

Turn left: From the intersection, this walk leads downhill along the concrete path, immediately passing the turning rest bay (on the left) and a 'You scratch my back' sign (on the right). This walk then continues gently downhill through the open forest for another 35m to a distinct 3-way intersection with a short concrete path (on the right).

1.55 | Int of Pennant Hills park and Mambara Tracks(south

(920 m 22 mins) Turn right: From the intersection the track follows the bushtrack down off the footpath and down the hill, winding along to the intersection of the unnamed bushtrack.

Turn right: From the intersection the track follows the bushtrack winding south along the side of the valley through thick scrub until it opens out onto a thin rock platform at the top of a hill

Veer left: From the intersection the track off the rock platform and down the hill, winding through the bush following the cheltenham sign along the side of the valley for a long while until continuing down some wooden steps to the telegraph pole at the intersection of the bushtrack.

Veer right: From the intersection the bushtrack follows the powerlines, down the gentle hill and down the long set of steps to the bottom where it crosses the creek to the signposted intersection of the Cheltenham bushtrack.

Turn right: From the intersection the track follows the Cheltenham sign up the bushtrack and up some steps to the intersection of the North Epping service trail

2.47 | Int of North Epping service trail

(570 m 9 mins) Turn sharp left: From the intersection the track follows the service trail down the hill for a short distance to the intersection of the Pennant Hills track

Veer right: From the intersection the track follows the service trail south east down the gentle hill and through the valley until it drops down across a creek and continues up the other side to the intersection of the Epping bushtrack.

Veer left: From the intersection the track follows the Lane Cove River arrow along the servicetrail for a while before it loops around the top of Big Ducky Waterhole.

3.04 | Big Ducky Waterhole

The servicetrail loops around the top of the Big Ducky waterhole and there is a nice rock overhang in which to break. Is also a popular bird watching area. Unfortunately, recently there has been large quantities of rubbish in the area. (If going down to the waterhole please consider carrying out some of the rubbish if every walker carries out a bit it will make a difference)

3.04 | Big Ducky Waterhole

(480 m 8 mins) Continue straight: From the top of Big Ducky Waterhole the continues through the valley keeping Devlins Creek below on the left of the track all the way to Whale Rock.

3.52 | Whale Rock

This is a large boulder that looks eerily like a whale, complete with eye socket. It is a good place to break and climb around the Rock.

3.52 | Whale Rock

(2.7 km 57 mins) Continue straight: From Whale Rock the track follows the Penant Hills Park arrow along the service trail as it winds through the valley, crossing several small concrete creek crossings until it comes to the signposted intersection of the Pennant Hills ovals service trail.

Turn left : From the intersection the track follows the Pennant Hills ovals sign up the steep rocky service trail winding all the way up the side of the valley, flattening out to a gentle climb as it approaches the top and passing the intersection of a powerline service trail, continuing along the top of the ridge all the way to the intersection of the second second powerline service trail. From here the track continues along the ridge, following the service trail through the thick bushland all the way to the intersection of the third powerline service trail.

Continue straight: From the intersection the track follows the service trail winding up the gentle hill and turning right at the archery warning sign, continuing through the bush to the intersection of the airfield service trail.

Turn left: From the intersection the track follows the service trail west through the bush up a long gentle hill and through a metal gate to the intersection of the Pennant Hills park road.

6.19 | End of Pennant Hills Park

(750 m 13 mins) Veer right: From the intersection at the National Park gate the track follows the road up the gentle hill as it passes several tennis courts, football and hockey fields as it winds all the way up to the intersection of the bushtrack behind the "Pennant Hills Park walking track system" sign on the left side of the road.

6.94 | Pennant Hills Park

Pennant Hills Park is a large sporting complex located in the back of Pennant Hills and on the border of the Land Cove National Park. This large venue consists of four large ovals (3 with cricket pitches), 16 tennis courts, a hockey court and an archery range. If you would like to book a tennis court then contact David Cochrane (02) 9481 0970. There are also BBQ and picnic facilities provided at the park.

6.94 | Pennant Hills Park Entry

(80 m 1 mins) Continue straight: From the intersection the track heads up the road keeping the sports oval on the right of the road as it comes to the round about.

7.02 | Pennant Hills Park entry

(1.2 km 20 mins) Turn right: From the roundabout the track follows Britannia street up past the two large ovals and continuing all the way along, winding around the left and right hand bends in the road which becomes the Cresant, and heads up the hill to the intersection of Pennant Hills road. From the intersection the track turns left at the main road and follows it along the footpath for a short distance to the bottom of the overpass, turning left up the ramp that winds all the way up and over the road coming back down to the intersection of Railway street. From the intersection the track follows Railway street down the hill and past the bus stops to the entrance to the train station.